

LEARN TO SKATE



BonaVenture

FAMILY SKATING CENTER

24505 Halstead Road Farmington Hills, MI 48335 248.476.2200
www.metro skating.com

BEGINNER INSTRUCTION & PRACTICE



Beginners will participate in the skating class for four weeks. See times on the back page. Class days are not transferrable.

Only class members who are enrolled in the **Learn to Skate** session are allowed to have roller skates or roller blades on during the lesson time.

***Included with the class fee is the opportunity for class members to attend a public skating session, with the **Learners Permit** session admission card.*

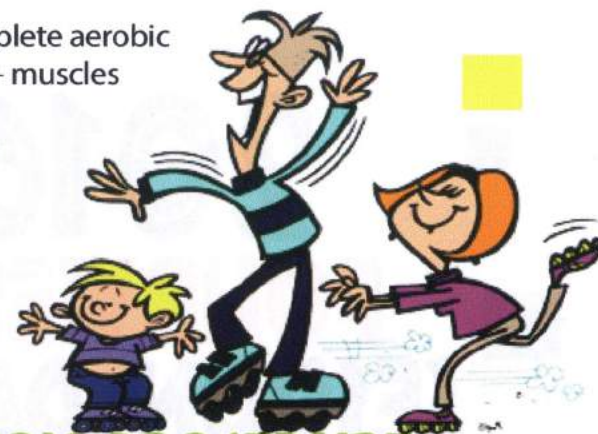
Skaters should arrive at least 15 minutes early to check in and get their skates or blades on. This class will teach the basics of roller skating and roller blading including falling down & getting up, forward skating, starting, stopping, balancing on one foot, forward scissors, maneuvering and squat and roll. Sessions are taught by highly qualified professional skating instructors.

CLASS ADVANCEMENT



Skaters are evaluated during their four week session by the instructor to determine when their skills have developed enough to join the Star Program.

Roller skating is a complete aerobic workout using all 640+ muscles including the heart, and it is tons of fun for the whole family!



REGISTRATION PROCEDURE

Each enrollee must register and pay class fees prior to attending the first class. To register for a session you can either stop by Bonaventure to fill out your registration form and pay the registration fee, or you can print the registration form from our website at www.metro skating.com and mail it in with your payment.

Registration is open to ALL AGES and SKILL LEVELS.

FEES

Fees are based on a four week **Learn to Skate** session. Class session dates are listed on the back. Fee includes roller skate or roller blade rental. **There are no makeup classes and no refunds will be given.**

Group Lesson (including session admission permit) \$50

The **Learn to Skate** sessions are taught by highly qualified professional skate instructors. For more information please email us at bonaventureskate@gmail.com or stop by to sign up for the next session!



2016 FOUR WEEK SESSION DATES

Monday Class 7:00pm-7:45pm Rate \$50

Session 1 January 11, 18, 25, February 1

Session 2 February 8, 15, 22, 29

Session 3 March 7, 14, 21, 28

No Class April 4

Session 4 April 11, 18, 25, May 2

Session 5 May 9, 16, 23, June 6

Summer Break

Session 6 August 1, 8, 15, 22

No Class August 29, September 5, 12

Session 7 September 19, 26, October 3, 10

Session 8 October 17, 24, November 7, 14

No Class October 31

Session 9 November 21, 28, December 5, 12

