



# Allison Ottjepka

## Cyr Wheel Performing Artist

Founder and CEO of  
**SPINNOVATION DETROIT**

And  
**@Alli\_Spins**

**A**t the age of 15 Allison started working & training in the culinary arts. During that time, she turned to Hula Hooping as a core strengthening exercise to combat scoliosis. Hula Hooping for strength quickly turned into a love for Fire dancing, Lyra, and other Flow arts. Her passion for hooping and flow arts existed through local band jams, music events, and festivals when she wasn't busy catering them.

At age 22, Allison was introduced to Cyr Wheel for the first time, after a local band practice, one of her band mates said, "Alli Check out this Hula Hoop video on the internet," and Allison's Cyr Wheel Adventure began. The journey first sparked with attempts to forge her own wheel, searching for teachers, classes, and other artists. After much research Cyr Wheel Instructor Sam Tribble, former Olympic Gymnastics Coach was found. Sam Tribble offering formal Cyr Wheel instruction, and the most efficient teacher training through his program PAT (Progressive Axis Training) was thrilled to take Allison on as a student.

After her first training session in California, Allison fell in love with this performing art and continues to travel between California and Michigan to train quarterly. Allison is currently PAT level II and PAT III level certified.

Knowing there wasn't any resource for Cyr Wheel in Michigan, Allison founded Spinnovation Detroit – a Cyr Wheel Training and Entertainment Company. Allison Ottjepka is the leading Cyr Wheel Performer and facilitator in the state, and CEO of Spinnovation Detroit. With a large Wheel inventory of all sizes, Spinnovation Detroit is available for anyone to learn how to capture the art of Cyr wheel, spin for fun, strength and exercise. As the Cyr Wheel community grows in Michigan, Allison is busy full-time Performing, teaching, coaching and hosting Workshops. Outside of Instruction and Entertainment, Allison is involved with artist collaborations, ie, "Where the Wheel Goes" – "Urban Spin Adventures.



Spinnovation Detroit, L.L.C. | 5531 E 8 Mile Road | Warren MI 48091 | 313-287-2871  
[www.spinnovationdetroit.com](http://www.spinnovationdetroit.com) | email [spinnovation.detroit@gmail.com](mailto:spinnovation.detroit@gmail.com)  
Instagram [Alli\\_spins](https://www.instagram.com/Alli_spins)

## TRAINING AND CERTIFICATIONS

ALLISON OTTJEPKA @Alli\_spins

[www.spinnoatondetroit.com](http://www.spinnoatondetroit.com)

313 287-2871

- Founder, CEO and Operator of Spinnovation Detroit-a Cyr Wheel Workshop Training Center  
[www.spinnoatondetroit.com](http://www.spinnoatondetroit.com)

Founder Where the Wheel Goes

- Training Workshop- MSA Sports Spot, Grand Rapids, Michigan (April 6, 2019)
- Advanced PAT Training- Current and ongoing (2019-2023)
- Certified Global Cyr Wheel Artist to Teach and Train (one of only 10 nationally)
- Trained with US Olympic Gymnast and professional Cyr Wheel Artist, Sam Tribble at the Cyr Wheel Institute 2016-2019
- Competed in America's Got Talent – 2018
- Instructed Cyr Wheel Performance at Lakeshore High School - 2018
- Performed at The Detroit Presbytery Women's Retreat – 2018
- Featured at After Six on Kercheval Summer Event- 2017-2018
- Performed at The Wyandotte Street and Art Fair – 2017
- Performed at The Rochester Hills Summer Festival – 2017
- Performed at The West Bloomfield/Orchard Lake Street Fair - 2017
- Featured Artist on Fox 2 News - 2018
- Featured on Local 4 News - 2019
- Art Eats and Beats – Royal Oak – 2022, 2023
- Winter Fest Royal Oak – 2022, 2023
- Festival of Colors Detroit -2023
- <https://www.clickondetroit.com/live-in-the-d/check-out-a-new-way-to-workout-with-spinnovation-detroit-and-red-effect-fitness>
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**Featured on The Chronicle News - 2022**

[Seizing the Opportunity, Alli Ottjepka becomes an Opportunity Arts Affiliate](#)



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