

BE MARKET

24 E Scranton Ave, Lake Bluff, IL

(224) 436-8330

SOUPS

Cup or Bowl

\$4 \$7

Turmeric Sweet Potato
Spinach

Creamy Roasted Broccoli

SALADS

Roasted Butternut Squash

butternut squash, carrots, broccoli, quinoa,
pea sprouts, power greens & maple
vinaigrette

\$12

Chicken Caesar

be chicken protein, power greens

\$13

Apple Broccoli Salad

apples, broccoli, dried berries,
coconut yogurt dressing

\$8

House Salad

Seasonal harvests

\$10

SANDWICHES

PLT Tartine

smokey portobello bacon, lettuce,
tomato veganaise, seeded grain toast

\$9

"Tuna" Salad Tartine

chickpea of the sea, lettuce, red
pepper hummus, nori, seeded
grain toast

\$9



PIZZA

8" 12"

Buffalo Chicken

beyond chicken strips, arugula, buffalo
chickpeas, red pepper hummus

\$14 \$19

Spinach Artichoke

spinach, artichoke hearts, garlic,
white sauce

\$13 \$18

Margherita

san marzano tomatos, fresh basil, creamy
mozzarella

\$13 \$18

Cheese

Plant-milk cheese, red sauce

\$12 \$17

SMALL PLATES

Loaded Nachos

Vegan Cheese, veggies, tortilla chips

\$9

Spinach Artichoke Dip

organic chips, homemade dip

\$7

Chips & Salsa

fresh salsa, organic chips

\$7

Avocado Toast

avocado, pea sprouts, black seed, hot sauce vinaigrette

\$9