# Salads Bowls

#### Fresh Garden Salad (V)

Romaine, carrots, red cabbage, dried cranberries, walnuts, tomatoes, sweet onions & multi-grain croutons (without Croutons makes this salad Vegan & Gluten Free) Half \$4.99 Full \$6.49

#### Caesar Salad (V)

Chopped romaine, Parmesan Cheese, multi-grain croutons, Our Caesar dressing (no egg) Half \$4.99 Full \$6.49

#### "Red. Bleu. and Greens" Salad

Spinach, bacon, tomatoes, Bleu Cheese, dried cranberries, onions, multi-grain croutons, we suggest our

Sweet PoppySeed dressing Half \$5.99 Full \$7.49

Chopped Veggie Bowl (Vegan and Gluten free) Broccoli, mushrooms, onions, peppers, tomatoes, cucumbers, our lettuce blend, chopped with our Soy Ginger Dressing Half \$5.99 Full \$7.49

Mediterranean Shrimp Pasta Salad Chilled twisted pasta, steamed shrimp, spinach, onion, broccoli, tomatoes, cucumbers, black olives, Parmesan cheese, Mediterranean dressing Half \$6.99 Full \$8.29

#### Krunchy Kale Bowl

Chopped kale, romaine, spinach-walnut pesto, toated walnuts, Parmesan cheese, dried cranberries, multigrain croutons, Mediterranean dressing Half \$5.99 Full \$7.49

You can add to any bowl-Roasted Natural Chicken, Bacon, Ham, 5-spiced baked tofu Half 95¢ Full \$1.50 or Chilled Shrimp Half \$1.50 Full \$2.50

Our Dressings all made with Real ingredients: Sweet Poppyseed, Herbed Ranch, Ginger Soy, Low-Fat Balsamic, Caesar, Mediterranean

# GRILLED CHEFZ!

Griddled, Crusty Brioche Bread, Stuffed with our Fabulous Ooey-Gooey Cheese Sauce, Twisted Noodles, Aged Cheddar Cheese & your choice of ANY of our Mac n' Cheez! combinations all starting at

Add a Cup of Cream of Tomato Soup for a Buck(\$1)

Ask About Today's Soups & Chili

# Macn'Cheez!

| _  | mini                    | mega            |
|--|-------------------------|-----------------|
| THE CLASSIC MAC  | \$4.99                  | \$6.99          |
| Need we say more?!   |                         |                 |
| FOUR-CHEESE<br>Swiss, Pepper Jack, Parmesan, Cheddar   | \$5.99                  | \$7.99          |
| PEPPERONI PIZZA MAC Pepperoni, pizza sauce, Pepper Jack  | \$5.99                  | \$7.99          |
| CUBANO MAC<br>Ham, toasted bread crumbs, Swiss, pickles,<br>mild Italian peppers, yellow mustard   | \$5.99                  | \$7.99          |
| FIESTA FAJITA Bell peppers, onions, tomatoes, spice blend, pepper jack, cheddar & pico de gallo choose choice of roasted chicken beef baked tofu Chorizo add shrin | \$6.69<br>np mini 95¢ n | \$8.69          |
|  |                         |                 |
| EXTREME VEGGIE Broccoli, mushrooms, onions, spinach, bell peppers, tomatoes, Swiss, Cheddar  | \$6.29                  | \$8.29          |
| MEAN GREEN PESTO MAC<br>Homemade spinach-walnut pesto,<br>Swiss Cheese, spinach, toasted walnuts   | \$5.99                  | \$7.99          |
| BACON & CHEDDAR<br>With Applewood-smoked bacon   | \$5.99                  | \$7.99          |
| DETROIT CONEY DOG MAC<br>All natural diced hot dog, smothered in<br>3-bean chili, onion, cheddar cheese, & mustard   | \$6.29                  | \$8.29          |
| "BLT" MAC Bacon, spinach, tomatoes, garlic, Parmesan,Cheddar & bread crumbs  | \$6.29                  | \$8.29          |
| CAJUN SHRIMP Shrimp, bell peppers, onlons, Cajun spices & Pepper Jack  | \$6.59                  | \$8.59          |
| PHILLY CHEESESTEAK Philly beef sautéed with bell peppers & onions, Cheddar, Italian peppers  | \$6.29                  | \$ <b>8</b> .29 |
| BUFFALO CHICKEN Roasted chicken, Bleu & Cheddar Cheeses, Frank's hot sauce, celery sticks  | \$6.49                  | \$8.49          |
| TRUFFLE & MUSHROOM MAC Fresh button mushrooms, truffled bread crumbs, Swiss Cheese   | \$6.49                  | \$8.49          |
| PULLED PORK BBQ MAC All natural lightly smoked pulled pork, Sweet &  | \$6.59                  | \$8.59          |

Sassay BBQ, onions, pickles, pepper jack cheese

# Healthy Wraps

#### Caesar Chicken Wrap

Chopped romaine, roasted chicken, Parmesan, diced tomatoes, Caesar Dressing Small \$5.49 Large \$7.49

#### Little Italy Wrap

Smoked ham, pepperoni, Swiss Cheese, sweet onions, tomatoes, olives, mild Italian peppers, lettuce blend, Mediterranean dressing Small \$5.49 Large \$7.49

### Spicy Chicken"Wing" Wrap

Roasted Chicken Bleu Cheese, lettuce, Ranch Dressing, Frank's Hot Sauce Small \$5,49 Large \$7,49

#### Malibu Chicken & Bacon Wrap

Roasted chicken & bacon, spinach, dried cranberries, tomatoes, cucumbers & Ranch dressing Small \$5.49 Large \$7.49

#### Milano Pesto Shrimp Wrap

Steamed shrimp, Romaine lettuce, house made spinach-walnut pesto, olives, tomatoes & Ranch dressing Small \$6.49 Large \$8.49

### Bangkok Tofu-Peanut Wrap (Vegan)

5-spice baked tofu, bell peppers, cucumbers, sweet onion, carrot, celery, lettuce blend, chow mein noodles, peanuts, Soy ginger dressing Small \$5.49 Large \$7.49

LITE BITE **CHOOZE** SOUP OR CHILI & SALAD\* \$6.99

FAB! 2 CHOOZE: TWO CLASSIC MINI MAC\* WRAP\* SALAD\* SOUP-CHILI \$8.49

FAB! 3 **CHOOZE: THREE** CLASSIC MINI MAC\* WRAP\*SALAD\* SOUP-CHILI \$10.49

\*The Fine print: ADDITIONAL CHARGE FOR COMBINATION MAC'S, MILANO PESTO SHRIMP WRAP, CHOPPED SALAD, RED, BLEU GREENS SALAD, MEDITERRANEAN SALAD, OR ADDITIONAL TOPPINGS

Sweet Combo Deal! Add a fountain drink & chips (or Cookie) for \$2.50 with any Mac, Salad Bowl, Twisted Grilled Cheez! or Healthy Wrap

# We Love A Good Party!



### Let Us Plan Your Next Shindig!

- Salad Trays
- Sandwich Trays
- Our Fabulous Mac Trays
- Cookies & Brownie Trays
- We deliver the "Goods"

Drinks, Sweets & Fun Stuff

Northwoods Soda (In select locations) Juice • Tea • Milk • Bottled Water & more...

## Fresh-Baked Cookies

Double Chocolate Chip • Oatmeal Raisin Peanut Butter Cookie Chocolate Chunk & Walnuts Brownies • Salted Caramel Rice Krispie & Smorz! Bars

Staff T-shirts & Hats \$15.95

## Twisted Comfort Food!

### Our Story (And we're sticking to it!)

It all started when Chef Lorraine was in the 5th grade (no, they didn't call her Chef Lorraine then!) when she made Mac n' Cheese with her Girl Scout Troop. Well, the story goes that everyone loved her macaroni and cheese (That's what they called it back then) and Lorraine's parents would ask her to make it for the whole family!

Well, over the years she has experimented hundreds of times with different ingredients, procedures and recipes to get just the right "Ooey Gooey" texture for her cheese sauce and the exact Cheddar cheese flavor and "mouth feel" (That's just a fancy term chefs like to use these days) to go with the fine Durham wheat semolina pasta (OK, you can call them noodles) that she uses at her Fabulous Mac n' Cheez! Kitchens! No, this is "Not your Mama's Mac n' Cheese!" ....Unless your Mother has a real passion for Macaroni and Cheese, has worked for 30 years refining her Mac n' Cheese recipe, is using Local Cheeses and can make you a "Made-Fresh-to-Order" Mac n' Cheez! In less than five minutes, like Chef Lorraine can. And, yes we are talking about "Sweet Lorraine" herself with full-service restaurants in Southfield and Livonia, Michigan!

Chef Lorraine opened her first "Sweet Lorraine's Fabulous Mac n' Cheez!" in Auburn Hills, Michigan in 2010. It was an instant hit! Her second "Mac n' Cheez!" location was opened in Troy, Michigan in 2012. Next came locations in Downtown Detroit and East Lansing, Michigan in 2014.

We will have lot's of new locations opening soon across the midwest and other parts of the country to satisfy the growing demand for our Fabulous Mac n' Cheez!... We're really hoping that you'll enjoy the freshly made Soups, Salads, Sandwich Wraps, Twisted Grilled Cheez Sandwiches and OVER 14 kinds of "Mac n' Cheez!" just as much as they do at all the other Sweet Lorraine's locations!

Sweet Lorraine's Fabulous Mac n'Cheez! LOCATIONS:

East Lansing 517-325-0850 GM Renaissance Center 313-656-4838 The Somerset Collection 248-649-6044 Great Lakes Crossing Outlets 248-338-4848 Midtown Detroit 313-782-4180 Vernon Hills, IL 847-261-4143

MacnCheez.com





