



Empowered Youth Fitness Center, LLC

Zumbatomic is a FUN fitness program designed just for kids! Zumbatomic combines energetic dance rhythms with games to create a positive fitness environment for children. Not only will your kids get an opportunity to be active, they will develop skills in teamwork and leadership!

Join us in April & May!

Lil Stars (Ages 4-7)
Thursdays from 4-4:45pm

Big Stars (Ages 8-12)
Thursdays from 5-5:45pm

Adult Zumba classes are offered too! See what the buzz is about every Friday at 5:00pm.
See Karisa for more information.

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